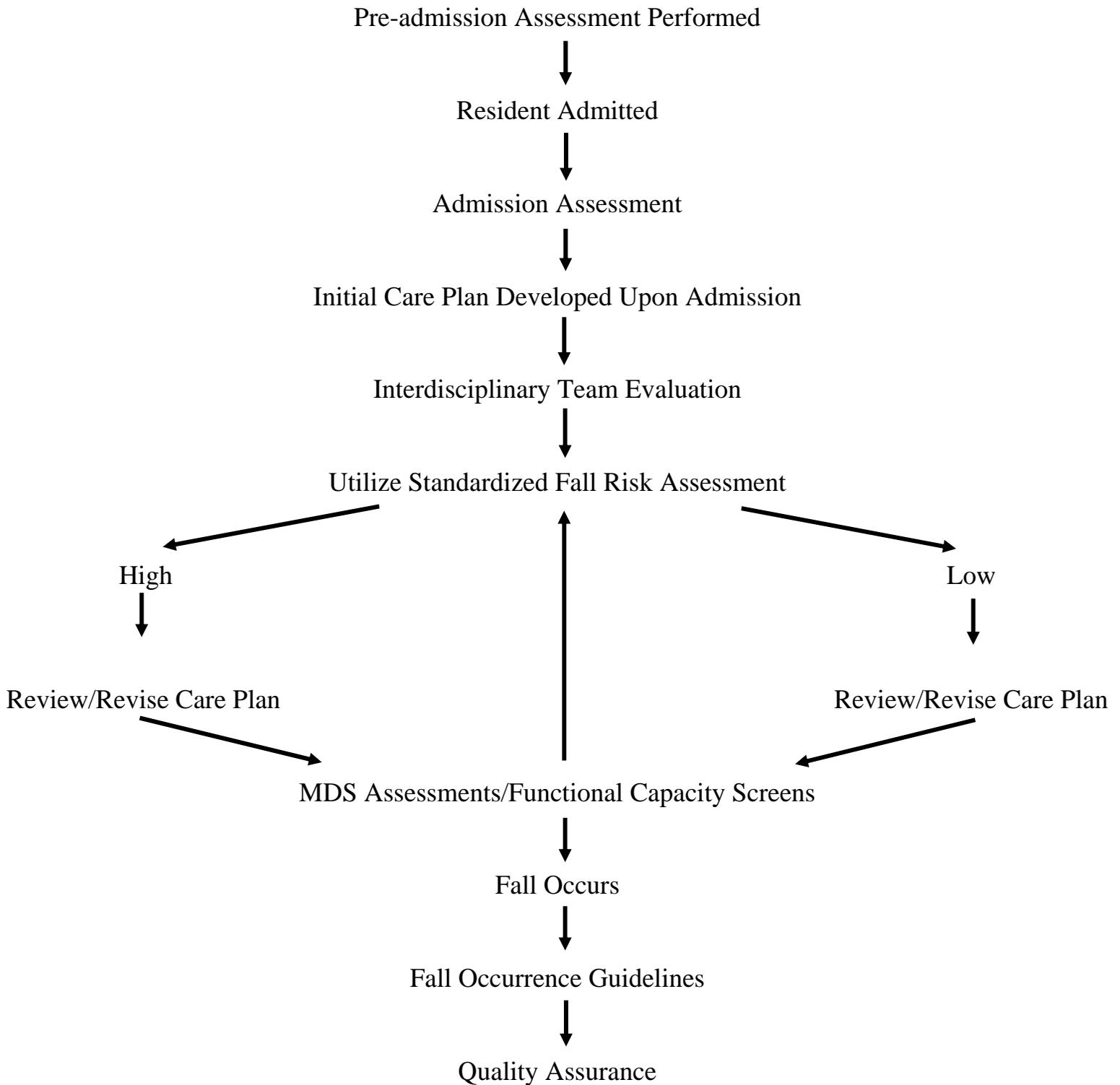


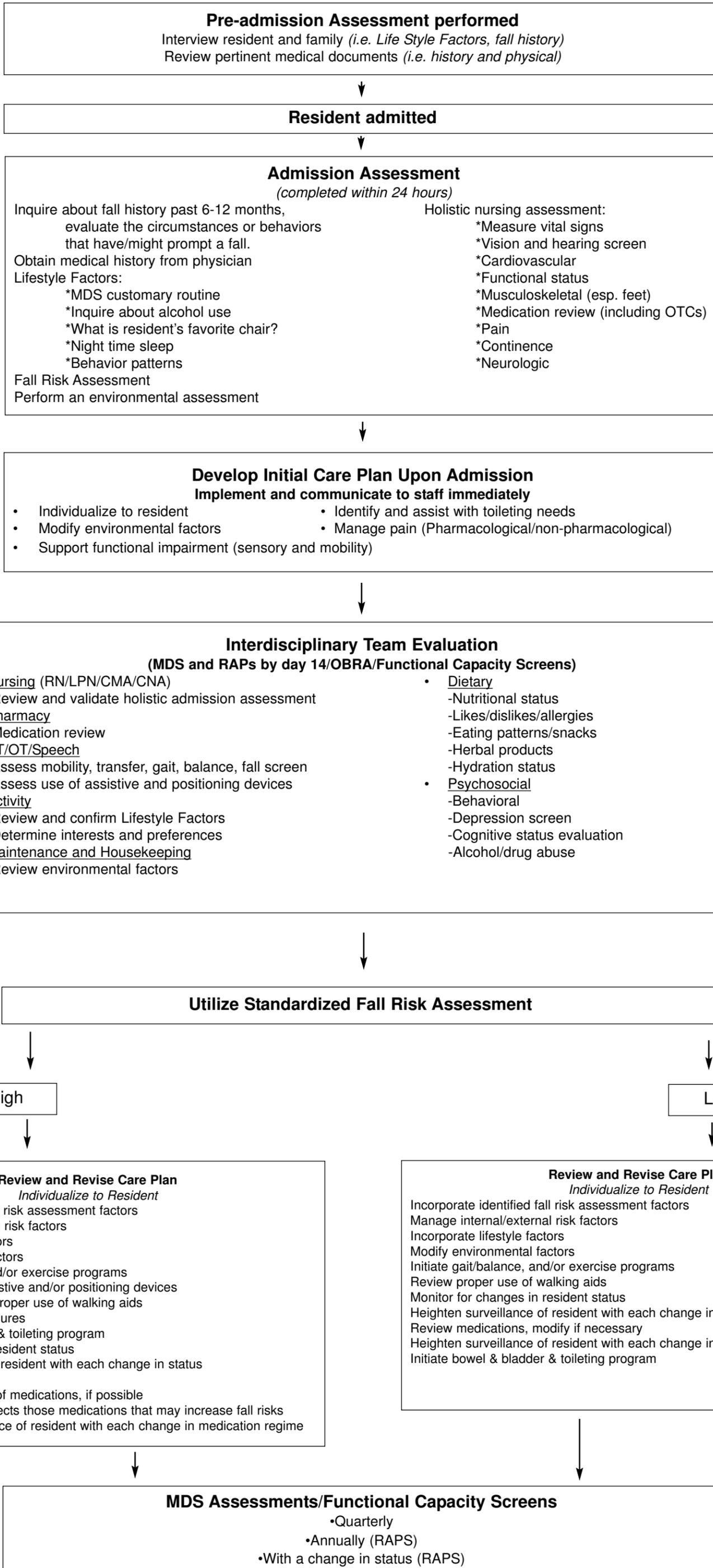
**The Kansas Department on Aging  
Quality Practice Workgroup  
*Presents:***

**Quality Practice Guidelines For Falls Management**

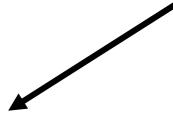
*Through collaboration, our goal is to promote creative environments that improve the quality of care and services to residents of Kansas Adult Care Homes. Utilizing the efforts of an ongoing work group, we seek to identify and develop quality practice guidelines for complex care issues.*



# Quality Practice Guidelines For Falls Management



# Fall Occurs



## Fall Occurrence Guidelines

- Assessment of Resident and Environment  
Consider the basic needs  
Ask resident: What are you doing?  
Where are you going?  
What do you need?
- Care and treatment of Resident
- Alert staff of fall
- Documentation in clinical record:
  - Occurrence
  - Resident assessment
  - Care and treatment
  - Notification of family, physician
  - Care Plan revision - immediate action to decrease future occurrence
- Initiate investigation report
- Follow-up assessment, monitoring, documentation for actual and/or potential complications (i.e., vital signs, neuro checks)
- Notification of required individuals and/or state agency (Refer to Neglect Decision Tree)
- Interdisciplinary Post-Fall Review:
  - Investigation  
Possible contributing factors (i.e., resident health status, environment, behaviors, etc.)  
Therapy screen, pharmacy/medication review  
Was Care Plan followed?
  - Recommended action to decrease potential for future falls  
Evaluate effectiveness of interventions  
Ensure care plan is updated  
Communicate revisions to staff
- Monitor implementation

## Quality Assurance

- Process
  - Review and complete Post-Fall Review
  - Implement Fall Occurrence Tool
  - Maintain individual Resident Fall Log
- Evaluation
  - Monthly report - number of falls, severity of fall-related injuries
  - Determine patterns/trends - implement needed follow-up action
- Outcomes
  - Decreased number of falls
  - Decreased number and severity of fall-related injuries

